

Post-Traumatic Stress Disorder

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The main topic for my research paper is Post-traumatic stress disorder (PTSD) which generally refers an anxiety disorder that affects victims that encounter incidences that are traumatizing such as war, terrorists attacks, accidents, and disasters among others. However, there are a lot of issues that can be discussed in relation to this topic because the information available on this subject is wide. Since it would be impractical to focus and cover all the issues relating to this disorder, this research will examine PTSD in relation to the victims of the 9/11 attack and Hurricane Katrina. This post briefly discusses the process that led to the selection of this topic, the research conducted, and the sources that were found. In the end, the research question that will be addressed in the paper is also highlighted.

PTSD happens to be one of the subjects that I have come across quite often when reviewing my course work. Therefore, I figured out that a research on this topic would be very useful in answering some of the questions I have and expanding my knowledge on the subject. After reviewing various articles and journals on the subject, I realized that PTSD is common among victims of terrorist attacks and the natural disasters that occur in the US. However, most victims end up living with the problem due to lack of appropriate resources that could assist in the treatment (Yufik, 2011). The 9/11 attack and the Hurricane Katrina were the most appropriate incidences to use in the research since information on the victims is readily available. In addition, gauging from the time that these incidences occurred, it is easy to keep track of various cases of this condition. The research question that will be addressed is as follows, what is the impact of Post-traumatic stress disorder on the victims of the 9/11 attack and the Hurricane Katrina and how have the victims responded to various forms of treatment?

## References

- Yufik, T. (2011). Investigation of Traumatic Stressors and Posttraumatic Stress Disorder in Veterans Exposed to Hurricane Katrina. *PsycEXTRA Dataset*.  
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